

QUIZ NIGHT AUCTION



Lot 1



Signed Leicester Tigers shirt
Provided by AJG



Lot 2



Paralympic Roadshow - a team
building day in Hertfordshire



Herts Disability
Sports Foundation

Lot 3



Set of 3 handmade designer cushions
Orla Kiely pattern
Provided by RECOVER



The auction will take place on 25th March during the Quiz.
Sealed bids can be made by 5pm on 25th March.
Please email Alynnne.Phillips@ROGroup.co.uk

Payments can be made stating 'auction' in the reference along with your name.
S Graham Rowlandson & Co Ltd, Sort code: 60-17-49 Account number: 72782900

Thank you to our generous supporters.



In business to do business



Herts Disability
Sports Foundation

Afternoon team building event

Herts Disability Sports Foundation is proud to promote the development of disability sport in Hertfordshire.

We provide a wide variety of sports activities for people with a disability and pride ourselves on being able to adapt activities to suit the needs of the participants.

We work with Individuals, groups, schools and businesses.



Paralympic Roadshow

Gosling Sports Park,
Stanborough Road, WGC, AL8 6XE

3-HOUR EVENT

SUITABLE FOR TEAMS FROM
10 TO 30 PEOPLE

ACTIVITIES SUITABLE FOR
ALL ABILITIES

To be redeemed at a
mutually available date
during 2025.

www.hdsf.co.uk

Boccia - Low intensity

Boccia is a seated sport like French boules. This activity is about tactics and accuracy rather than physicality.

Wheelchair Basketball - Medium / High intensity

This is the technically easier of our two wheelchair sports. We will start with some chair based skills and then add in the basketball and see what happens.

How good is your communication? Low intensity

Communication games to see how effectively we communicate simple instructions

Visual Impairment experience - Low intensity

Ever wondered what the different visual impairments are like? Our set of visual impairment glasses will give you an insight into some of the most common conditions.

Curling - Low intensity

We unfortunately don't have any ice, but this target sport is a bit of fun testing accuracy and team tactics

Wheelchair Tennis - Medium / High intensity

Technically tricky, but a must try for anyone that likes racket sports.